



DEFINING YOUR PERSONAL MISSION

A worksheet to help you define your personal mission to do good in society.

This tool will help you out to:

- ✓ **SURFACE YOUR CHANGE-MAKING SUPERPOWERS**
- ✓ **IDENTIFY THE WAYS IN WHICH YOU ARE BEST PLACED TO DO GOOD**
- ✓ **FOCUS IN ON THE CAUSE THAT MATTERS TO YOU**
- ✓ **DEFINE THE CHANGE YOU WANT TO MAKE IN THE WORLD**
- ✓ **CREATE A MISSION STATEMENT TO GUIDE YOUR ACTIONS**



ABOUT THIS TOOL

If you are feeling lost or stuck with what to do with your life, then this worksheet is just the thing for you.

The worksheet is all about unlocking your passion and talents in ways that enable you to have a positive influence on the people around you, and to make the world a better place.

The activities set out in the worksheet invite you to start thinking about your purpose and your personal mission in life.

Your personal mission consists of four parts:

- Your talents and motivations
- The actions you will take
- The cause that moves you
- What difference you will make

Follow the steps set out and come up with one or two sentences about what motivates you to make change and how you use your particular talents to do good in the world.

Use your personal mission statement to stay true to yourself and stay on course.



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YOUR PERSONAL MISSION

Work through each of the following steps to identify your personal mission statement.

Start off by identifying your natural interests, strengths, and passions. Find a quiet place free from interruptions. Write down the answers to each question, capturing the first thing that pops into your head. Write quickly, giving yourself less than 30 seconds for each question.

YOUR SKILLS, MOTIVATIONS AND TALENTS

What motivates you? What do you sometimes daydream about being or doing?

What are you naturally good at? What skills and talents have you cultivated?

What activities bring you joy? Which of these make you lose track of time?

What do people tend to ask you for help with? What could you teach others?

If time or money were no obstacle, what would you do with your day?

What are you most proud of having learned or accomplished at this point in your life?

Having thought about your talents & passions, zero in on your two main superpowers. These represent the main talents and abilities that you bring to the world.

Superpower One:

Superpower Two:

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THE ACTION YOU WILL TAKE

Given your motivations and talents, how could you best serve, help, or contribute to society? Start off by circling all of the action words that you connect most with and which align with the core talents you have identified.

Guide	Collaborate	Empower	Share	Encourage	Mobilise	Nurture	Co-ordinate
Inspire	Redesign	Lead	Create	Motivate	Communicate	Promote	Produce
Improve	Help	Reinforce	Engage	Give	Align	Invigorate	Change
Educate	Build	Care for	Instill	Convene	Express	Enliven	Grow
Accomplish	Network	Connect	Spark	Produce	Support	Resist	Investigate

Narrow down the list to three action words that you feel fit best.

Finally, narrow these down further and pick just one core word from the list or a word that distills these down into a single action.

For example, given your passion for coding and problem solving, the core action that you arrive at is to create .
Your instinct is to create solutions, often in the form of new code or software applications.

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THE CAUSE THAT MOVES YOU

There's no shortage of social and environmental problems to solve in the world, but to be successful you will need to focus your attention.

To find some focus, start by considering the 17 Sustainable Development Goals provided - these provide a shared set of challenges that people across the world are passionate about and working to solve. What news stories tend to grab your attention? What big cause do you care most about or have personal experience of? Which cause is most likely to move you to action? Pick just one Global Goal to focus on.



TARGET GROUP

Now, think about who is affected by this broad issue or cause. If you could change the circumstances or get a message across to one large group of people, who would those people be? What would your message be? Pick just one target group to focus on. If you want you can also add a location to get more specific about who you will help and where.

For example, you have a lived experience of poverty in India and commitment to solving issues for low income families.

ISSUE OF FOCUS

Now, think about the circumstances of the target group you have identified. What particular issues are they concerned about? What is the most widespread and urgent issue? Do you have a basic understanding of the issue and know it is real? Pick just one issue to focus on right now.

For example, the core issue that you want to focus on is the limited access to credit facilities and systemic problems in the banking sector in India.

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THE END GOAL YOU WILL ACHIEVE

With this target group and issue in mind, think about what difference you would like to make. What would success look like if you were to achieve everything that could be possible? How would you have changed the lives of people, communities, society, or the environment? Create a single sentence that sums up in just a few words the perfect end state - the changes, benefits, or other effects for your target group.

END GOAL

For example, the ultimate outcome you want to bring about is to improve access to capital and household incomes for low income families in India.



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YOUR PERSONAL MISSION STATEMENT

Now combine all of your earlier answers into a single sentence, and no more than 2-3 sentences at most. Use the template sentence provided for your first attempt.

PERSONAL STATEMENT EXAMPLE

I will use my **coding skills** and **problem-solving abilities** to **create a solution to**
the **lack of access to credit facilities** experienced by **low income families in India** in order to **improve access to capital and household incomes**

YOUR PERSONAL STATEMENT

I will use my **SUPERPOWER 1** and **SUPERPOWER 2** to **CORE ACTION WORD**
the **KEY ISSUE** experienced by **TARGET AUDIENCE** in order to **KEY GOAL**

Continue to work a little on the wording until the statement connects with your purpose, feels real to you, and is action focused.

Now what are you going to do? What first steps will you take as a result?



FURTHER INFORMATION

Thanks for taking the time to check out this guide.

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